

FEBRUARY 2019

Bulletin No. 136



**NOTICE OF ANNUAL GENERAL MEETING
OF WYCLIFFE LUTTERWORTH U3A**

AGENDA

NOMINATION FORM

(See page 3 for further details)

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U3A Annual Subscriptions are due from 1st April

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Notice of Annual General Meeting of Wycliffe Lutterworth U3A

The Annual General Meeting of Wycliffe Lutterworth U3A will be held on Thursday 14 March 2019, starting at 10:30 am at the Methodist Church, Bitteswell Road, Lutterworth.

AGENDA

- Apologies
- Minutes of 2018 AGM
- Matters arising
- Chairman's Report
- Treasurer's Report
- Election of Executive Committee
- Any other business

Nigel Burt

Chairman

JOINING THE COMMITTEE

Although we currently have 9 U3A members on our committee, 4 of them, including our Treasurer, Membership Secretary and Speaker Finder must step down from their posts for constitutional reasons.

Our constitution states that we need a minimum of 7 and a maximum of 12 people on the committee. Our “retirees” take us down below the minimum required! But, more importantly, it is mandated by the U3A TRUST that each affiliated U3A must have a Chair Person, a Treasurer and a Membership Secretary.

In the February 2018 bulletin the committee set out a nicely worded article asking for U3A members to join the committee. It didn’t meet with a very enthusiastic response. We had 1 new member!

Almost every member of our U3A is eligible to be on the committee. We have said before that it is not onerous or time consuming, and we only meet 4 times per year for about 1hr 30mins each time. So please, show your support by filling in the form on the next page. “Normally”, the constitution requires there to be a proposer and seconder. If you are worried about this, members of the committee will be more than happy to propose and/or second you. Alternatively, you can email me at nhburt@googlemail.com

We can’t negotiate our way around this particular problem. We all know that 29th March could be the day the UK crashes out of the EU. Please don’t let it also be the day we crash out of the U3A movement!

Nigel Burt - Chairman

Nomination Form for WLU3A Executive Committee

Full Name

Proposed by (caps)

Signed.....

Seconded by (caps)

Signed

Agreement of the Nominee: (Signed)

.....

Date of Receipt by Chairman.....

PLEASE RETURN THIS FORM BY 13TH MARCH 2019 TO:

Nigel Burt, 9 Shelley Drive, Lutterworth, LE174XF or

Email: nhburt@googlemail.com or nigelhburt@btinternet.com

Written nominations for the Committee shall be proposed and seconded on the form above, and, should reach the Chairman by 13th March 2019. Consent of the Nominee MUST be obtained in advance of submission of this form. If insufficient nominations are received, the members present will be asked for nominations from the floor and a vote will be taken.

ANNUAL SUBSCRIPTIONS

It will soon be time to pay U3A subscriptions again – from 1st April onwards.

As in previous years we will confirm the amount around the time of the AGM.

Jan Newman

Treasurer

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Monthly Meetings

Welcome to the Wycliffe Lutterworth U3A. We meet on second Thursday of each month at the Methodist Church Hall. Tea, coffee and biscuits available from **10am – 10.30am**. An opportunity to meet friends old and new, book exchange, information about trips etc. All are welcome to join.

Our speaker this month is Christine Farmer and the title is “Where there’s a quill there’s a play”. A light hearted look at the life of William and his plays. Audience participation is welcomed.

Visitors: may come to one monthly meeting (payment of £1), after which they must become a full member if they want to come again.

Membership: to interest groups is limited to full members only. Please contact the group co-ordinator to ask for further details if you would like to join a group. If you have an interest/hobby not covered by the existing options, why not think of joining with like-minded people to form a new group. Contact Viv Weller (01455 557136) for assistance and advice.

Refreshments:

Maggie Rigby – tele: 01455 557615 email : bojrigby@hotmail.com

February 14th : Chris Bennett, Pat Binnie and Jane Clark (in charge)

March 14th : Penny and Peter Ross and Paul Butler

April 11th : Dot Barnard, Judith Godfrey and Andrea Nicholl

Table Plan for U3A Annual Dinner - on Thursday 7th February 2019

TABLE 1

Barbara Maiden, Roy Maiden, Colin Tegg, Shirley Tegg, Elaine Headley, Colleen Rowden, Jane Clarke, George Robertson, Richard Hill, Lynda Hill

TABLE 2

Bob Withers, Jean Eastell, Mike Estell, Simon Burgess, Theresa Burgess, Helen Millinship, Alan Coltman, Rose Coltman, Pauline Whittle, Peter Whittle

TABLE 3

Ursula Kanetis, Mary Oldham, Anne Dean, Geoff Dean, Penny Ross, Peter Ross, Bernard Poile, Janice Poile, Pauline Stott, Trevor Stott

TABLE 4

Jan Newman, Ann Rose, Ann Derham, Lyn Taylor, Tony Taylor, Chris Thompson, Trevor Thompson, Jill Betts, Peter Betts, Lynn Sands

TABLE 5

Elaine H Smith, Joyce Evelyn, Mary Perrin, Andy Hetherington, Ann Hetherington, Ron Poulton, Carol Poulton, Peter Turner, Marleen Fletcher, June Whiting,

TABLE 6

Dorothy Gurr, Derek Briginshaw, Yolande Cattamole, Maurice Cattamole, Pat Binnie, Mary Pellar-Perks, Janet Withers, Ray Green, Jennifer Green,

TABLE 7

Mike Chapman, Lesley Chapman, Jane Huckerby, Mike Huckerby, Nigel Bones, Ruth Bones, Mike Perry, Meryl Perry, Chris Teague, Linda Teague

TABLE 8

Joyce Gilmour, Barbara Jelley, Trevor Jelley, Alan Drake, Diana Drake, Angela Wilson, Ken Wilson, Harold Langham, Pauline Reeves, Peter Reeves

TABLE 9

Mandy Cutler, Sheila Eggleton, Jenny Croft, Fran Zaleska-Nott, Viv Weller, Sam Weller, Shirley Camfield, Stella Morgan, Daryl Graham

TABLE 10

Tony Allen, June Hartop, Diane Mountford, Richard Mountford, John Haddon, Trudy Haddon, Graham Johnson, David Fuller, Eddie Hemsley, Marylyn Hemsley

TABLE 11

Nigel Burt, Vikky Burt, Brian Poulter, Sue Poulter, Sylvia Smith, Jill Graham, Mary Hodgeson, David Hodgeson, Chris Ridley, Val Ridley

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Notices_

CHANGE OF CONTACT DETAILS

Members' contact details appear to change more frequently nowadays particularly as people change mobile phones or internet providers and move.

If any of your contact details should change, please can you remember to let the Membership Secretary know so that our records can be kept up to date.

Thank you.

* * * * *

USED STAMPS

Liz White of Lutterworth U3A is collecting used stamps on behalf of **Medical Detection Dogs**. They can be any used stamps but please could you ensure they have approximately a 1cm (roughly a finger's width) surround.

Please hand in your used stamps to Sue Creeden at the reception desk at the monthly meetings and she will pass them on.

Also, we now have some more envelopes to recycle used toner cartridges. Either let Sue Creeden have your inkjet cartridges or help yourself to an envelope. They will be on the table in the coffee room at the meeting.

Letters Page

Hello Cynthia,

Thank you for your letter to the editor published in the January bulletin. I hope you don't mind if I respond.

I must admit that the choice of speaker in December did appear to be unconventional for a Christmas meeting. However, the original guest act, who had a Christmas themed presentation, couldn't come to us. Their specialist said that they mustn't drive because of a severe medical problem. Mike Perry – our speaker finder had to get a replacement at short notice (incidentally for the second time in 2018). However, finding a replacement speaker/act with a Christmas theme ready and able to talk between 10:30am and 12noon on a second Thursday is just about impossible for December.

If you remember, we had a group of singers in 2017 who most people said were very good (I missed that meeting because my wife broke her wrist the night before and we had to go back to LRI. I can say that we already have an act (with a Christmas Theme entitled "Sing along with Cathy") coming to our December 2019 meeting. I trust this will meet everyone's expectations.

Turning to other U3A Christmas events/lunches/parties. I don't see why we can't have both a U3A wide event in December, and an annual lunch in February if enough people want them. They don't have to be mutually exclusive. I would go to both – how about some Scottish Country dancing? One proviso, I am on a three-line whip on 8th December as it is our grandson's 3rd birthday.

There are some potential problems with another event/party/meal just before Christmas. For example, how would it affect those groups such as Science and Engineering who have their own very successful Christmas lunch? The biggest problem, however, will be finding someone to join the committee to organise the event. Would you be able to help?

Nigel Burt
Chairman

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ART APPRECIATION

Co-ordinator: Ursula Kanetis

tele: 01455 553563

In the first part of our January Meeting we looked at the display of our chosen Christmas cards, discussed the aims, trends and new design ideas. It was not too difficult to agree on the best and worst examples for decorating seasonal greeting cards.

After some light refreshments we set up a plan for the next 5 sessions.

Next meeting: 8th February 2019 from 14.00pm - 16.00pm LGC

Topic: "ARTS AND CRAFT" Consolidation of the 4 - part BBC series.

Ursula

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BOOK CHAT

Co-ordinator: Sylvia Curtis

tele: 01455 554504

Our first book for 2019 was 'The Prime of Miss Jean Brodie' by *Muriel Spark*.

Written in the late 1940's surprisingly only two of our members remember reading this before, although some had seen the film version. On the whole, apart from one member, we were a little perplexed as to why this book was quite so famous. Whilst we agreed it was well written we had difficulty with the subject matter.

Miss Brodie a primary school teacher, took a group of nine to ten year old girls and made them her 'special' group and seemed to follow them throughout the school and beyond, encouraging them to meet her out of school, and encouraging them to behaviour that today may well bring criminal charges. It seemed a classic case of grooming. She seemed a sad figure living her life somehow through these children. We found it difficult to come to grips with her at all.

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EATING OUT

Co-ordinator: Jill Graham

tele: 01455 557117

grahjill@hotmail.com

FIRST WEDNESDAY PUB LUNCHESES

- | | |
|---------|---|
| 6 Feb | The Elms, Lutterworth |
| 6 March | The Greyhound, Lutterworth |
| 3 April | Lutterworth Golf Club
(Menu to be pre-booked) |
| 1 May | The Shires, Peatling Parva |
| 5 June | The Chequers, Ullesthorpe |

Normal Meeting Time is 12 noon for 12.30 pm

SECOND WEDNESDAY ETHNIC DINING (Evenings)

- | | |
|----------|--|
| Jan | The Pharmasea, Rugby |
| 13 Feb | Himalayan Zest, Lutterworth |
| 13 March | Sawasdee Thai, Lutterworth |
| 10 April | La Tequila, Lutterworth
(Church Street) |

8 May Winley Chinese, Cosby
12 June Himalayan Zest, Lutterworth

Normal Meeting Time is 6.30 for 7 pm

THIRD TUESDAY GARDEN CENTRE LUNCHEAS

15 Jan Palmers Garden Centre, Ullesthorpe

19 Feb Attfields Farm Shop
Pre book to avoid a long wait

19 March Sapcote Garden Centre

16 April Malt Kiln Garden Centre

21 May Nemo's Bar, Stoney Cove

18 June Stanton Lakes

Normal Meeting Time is 12 Noon for 12.30 pm

FOURTH Thursdays – 9 am – Breakfast at Palmers Garden Centre, Ullesthorpe - **NO NEED TO BOOK**

28 Feb 28 March 25 April 23 May 27 June

ENGINEERING, SCIENCE AND TECHNOLOGY

Co-ordinator: Chris Ridley

tele: 01455 209920

ESTG Visit to National Grid Centre Warwick

Due to security operating at the centre, travel to the Warwick site was a highly organised affair with **only nominated car/registrations allowed in to the centre** and all 25 members names listed down for the visit.

The National Grid employ around 1500 people at the centre in Warwick with some 50 being central to the control room working structure, essentially keeping electricity flowing to our homes and Factories in the UK.

After signing in and meeting our host Tony Thorton, we were treated to a buffet lunch before **splitting off into two groups**.

Group one was given the chance to **learn how to switch on and off various parts of Leicester's grid system (without actually shutting down Enderby and Fosse Park)** through a training module on which future Engineers spend 7 weeks training before a further 2 months in the control room, with **Group two** being taught by Tony's assistant Peter about the workings of the Control room and main centres responsibilities including keeping the output frequency stable at 49-50.5 hertz.

With the exception of Scotland, the **National Grid at Warwick are responsible for all of the UK's Substations, Pylons and Lines while the distribution of the 400 and 275KV supply, load balance and power generation is all handled by Woking in London.**

There were lots of questions asked of our two hosts during the 3 hr visit but for me the **most memorable Question was how much spare capacity does the UK have if we hit a cold spell or Christmas day lunch time — Answer- about 2 or 3% head room only, not a lot then !**

The Eng group would like to thank the two hosts for a great and memorable visit and their time spent explaining to the group in layman's terms an industry that is quite complex in its structure.

Our thanks also go to Ray Godfrey who organised and co-ordinated the visit for the group and which was not made easier by his main NG contact leaving at Christmas however it all ran smoothly on the day.

Chris R

Future events,

- Feb** - Talk by a Clinical Perfusion Scientist
- March** - RAF Hendon
- April** - Air Ambulance Helicopter Pilot (Gilmorton Village Hall)
- May** - Quarry Visit
- June** - Battle of the Beams (Gilmorton Village Hall)

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FRENCH CONVERSATION

Co-ordinator: Sue Hicks

tele: 01858 880273

Meeting held on 24 January 2018

Conversation revolved mainly around Christmas and New Year. We read about different sizes of Champagne bottles and their names and nicknames. Following this we had a quiz on the subject and read an interesting article on the main characters: Jeroboam, Nebuchadnezzar et al. We watched a short video on a French cake tradition, "Tirer les Rois".

The next meeting will be on 28 February.

Sue

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GARDEN GROUP

Co-ordinator: Sue Creeden

tele: 01455 557888

A group of 34 members met at Gilmorton Village Hall on a cold wet January afternoon to hear Chris Huscroft tell us about his garden in Wigston Magna which he opens to the public each year under the NGS scheme. He and his wife moved into the house in the 1970's and Chris showed us pictures of how the garden had evolved over the years. It only covers a small area but the photos showed it is packed with colour and foliage – beautiful roses, hostas and ferns, and Chris told us about the many unusual hardy perennials he grew. He's fitted in a patio, a pond with a bridge over and a shade house in which he has a large variety of hardy orchids.

Each year an area gets altered and plants are replaced. Chris said he and his wife chose plants they liked then found a suitable place for them. Many of the plants came from Avondale Nursery in Baginton, Coventry. For 2019 he is replacing a fence and setting up a 'Hosta Theatre'.

Chris told us a story that his Father was one of seven people in Leicester who were chosen to have a bust sculptured in bronze and displayed in the city to show the diversity of the town. All seven busts disappeared over time but Chris's Mother tracked down the mould of her husband's and had it cast in plaster. In the summer the bust has become one of the features in the garden.

The next meeting will be on **Tuesday, 26th February 2019** again at **Gilmorton Village Hall**. Sally Cunningham, who talked to us about 'Unusual Vegetables' a couple of years ago, is back to talk on 'Culinary Herbs'.

The meeting will start at **2.00 p.m** and the cost, including refreshments, will be £3.00.

If you would like to come, please contact me on 01455 557888 or email sueandpeter.creedon@talktalk.net.

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GENTLE CYCLING GROUP

Co-ordinator: Sue Creeden

Tele: 01455 557888

The weather threatened wind and rain the day before our ride in January but, on the morning, the forecast miraculously improved and suggested the onset of rain was not due until about lunchtime. Not everyone was convinced but three brave souls took a gamble and we set out from Ullesthorpe Garden Centre. It was definitely windy (but fortunately not too cold) as we rode through Claybrooke and up to High Cross. However, after crossing the A5 the lanes seemed quite sheltered by the hedgerows and were particularly quiet - we met only three cars in 8 miles! Our break in Monks Kirby was cut short as the sky blackened and a few drops of rain descended. Luck was on our side and there were only a few spits and spots on our way back to Ullesthorpe. As will pulled into the Garden Centre we noticed the road was wet and we met a couple of other cyclists who told us that the heavens had opened for about five minutes there. How lucky was that! The total distance was 12 miles. We stopped for a rejuvenating coffee and all got home with minutes to spare; it tipped it down all afternoon. Again, how lucky was that!

The next ride will be on **Wednesday, 20th February**, again starting from **Ullesthorpe Garden Centre at 10.00 a.m.** This time the plan is to ride to Ashby Parva and then down the little lane to Dunton Bassett. From there the route is through Leire and on to Frolesworth. Turn left there and head back towards Ullesthorpe, but, at the top of the hill, turn right to Claybrooke. We will then make our way back to the Garden Centre but taking the long way round via the outskirts of Ashby Parva again. The distance is just over 11 miles.

Everyone is very welcome to join us, it's all very friendly. Our rides are very leisurely, (if there is a difficult bit we walk) so why not give it a try. If you would like to come just email Sue Creeden – sueandpeter.creeden@talktalk.net or phone 01455 557888 to let her know you will be there.

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HISTORY GROUP

Co-ordinator: Viv Weller

tele: 01455 557136

email: vwellerz@aol.com

The origins of democracy and how 'Votes for Men' became a hot topic in the 19th Century.

'Remember the Golden Rule? Whoever has the gold makes the Rules!'

For two thousand years, government was in the hands of tiny, wealthy elite. Arising from the tangled debates of Brexit, our January topic examined the issue of Democracy and how we became a democratic country.

We began by looking at the original concept of democracy in ancient Greece and then all the way through to the 19th Century when ordinary men at last began to make progress towards democratic rights. It was a long and fruitless struggle to achieve rights for ordinary men for many centuries, when the idea of ordinary men even questioning those in authority was a crime punishable by death. Even so, sometimes brave and idealistic people tried to demand change, only to be swiftly crushed by those in power. The idea of voting was not unknown but the franchise was confined to those considered particularly qualified to exercise judgement. Examples include the Holy Roman Emperors in Europe who were elected by just seven high ranking Electors, Popes are still elected by an elite group of Cardinals and monastic communities elect their own leaders. Parliament in England did have an elected assembly by the 13thC, the House of Commons, but only well off, privileged men could vote and the elections themselves were corrupt. Those in power believed their role was a God given right and thought the idea of giving any power to uneducated, low born men

was dangerous. The first men to demand votes for ordinary men were the Levellers in the 17th C but they quickly found that even winning a war against the King was not enough to give them a say in government.

The Industrial Revolution brought many changes and a new type of Industrial and Urban society. There was a renewed pressure to widen the franchise as the 19th C. began. It was a period of great hardship for many, aggravated by the impact of the Napoleonic Wars and the movement found a voice in the disenfranchised industrial North. Early mass demonstrations such as 'Peterloo' in 1819 in Manchester were dispersed ruthlessly but public reaction to newspaper reports of such shocking violence by those in authority against ordinary working people helped to turn the tide of public opinion all over the country. A demand for equality rose rapidly in the 1830s and 1840s. Soon, thousands joined the campaign for Universal Manhood Suffrage and other parliamentary reforms. At first the alarmed Government resisted but in the late 1830s, the Chartists began their long organised campaign of political pressure, petitions and demonstrations. The Government was appalled at the widespread support, fearing a revolution here, as had happened in France. The Great Reform Act of 1832 gave concessions, giving representation to new industrial cities like Manchester and giving more men the right to vote but still there were conditions as the right to vote was still tied to property-owning and wealth. This great law was too little too late and it failed to silence the loud popular cry for democracy. The campaigns escalated but those in power still resisted and it was not until the 1860s that plans to accept the public mood and widen the franchise were made. The Second Reform Act of 1867 finally abolished the property qualification and gave 2/5 working men the vote. This law, coupled with the Secret Ballot Act of 1872 which prevented coercion of voters, added up to a political earthquake!

Although the Chartist movement collapsed in the 1850s, it had laid the foundations for reform and its methods of political pressure became the model for other campaigning groups later on. By the 20thC, five out of six of their demands had come to pass, although in 1867, the battle was far from won and was not until the Parliamentary Reform Act of 1918 (the one that gave women over 30 the right to vote) that Universal Manhood Suffrage was actually achieved in Britain. The group discussed many of the points raised by this story. We noted that people today seem to know more about the Suffragette's campaign for the vote than the men's some 60 years earlier. The story of the single Suffragette martyr, Emily Wilding Davison, is well known but many more people died to get the right for ordinary men to vote. The struggle to break down centuries of injustice and prejudice was an amazing achievement but it seems all but forgotten today. We seem to take that hard won freedom for granted despite only having that right for a relatively short time. Some people don't even bother to vote at all today. Our ancestors would be shocked.

* * * * *

Future meetings:

February 4th, *'When we were young. Life in the 1950s and 1960s'*. (2 - 4 pm. LRFC clubhouse, Ashby Lane, Bitteswell).

A programme of activities and events for 2019 will be published in the next bulletin.

Viv

LIVELY DISCUSSION

Co-ordinator: Dot Barnard

tele: 01455 208190

email: dot.barnard@uwclub.net

Lively Discussion 14th January 2019

The effects of social media on the young

The discussion was based on an article entitled '26 Effects of Social Media on the Young'. We discussed both the positive and negative effects of social media before coming to an overall conclusion.

Positive effects:

- Networking is a great tool for keeping in touch with family and friends. Whatsapp was thought to be particularly good because of its speed and range of facilities.
- It can help to make friends but we were concerned about 'what constitutes a friend'. It could be someone that you don't know who just responds to your message.
- There are no geographic restrictions.
- It can boost communication, especially across different time zones.
- Messaging apps can provide real time notification of transport delays, sports results and major items of news etc.

Negative effects:

- Many youngsters prefer to use messaging rather than speak to someone face to face or over the phone. Some find direct con-

versation too intense. As a result, they are losing the ability to connect face to face with others.

- Allows youngsters to do and say things which they would not do in person.
- Can cause increased violence and sexual abuse. Youngsters are too easily influenced by watching videos and reading bad or false news.
- Introduces unknown contacts, with the obvious danger that they might be highly undesirable or dangerous
- Cyber bullying has become a serious issue, leading to emotional scars and sometimes worse. The immediacy of information is available to both predators and friends.
- Can be a major distraction from what they should be doing, eg: sleeping, schoolwork and sport etc.
- Can cause addiction. Apparently 2 in 5 people look at their phone within 5 minutes of waking. One third check their phones before falling asleep. 71% never turn their phone off. 78% say they cannot live without it, according to an Ofcom study.
- Can result in depression and low self esteem, particularly for girls, caused by comparison with adverts and their peers. More than a quarter of girls who averaged 3-5 hours online per day were found to have clinical symptoms of depression. The figure rises to 31% amongst those who spend more than 5 hours per day. By contrast, just 14% of boys have any symptoms.
- Service providers are not taking on enough responsibility for policing sites, eg: removing fake news or setting boundaries for what is acceptable. It was suggested that they should also prevent anonymity. Writers should be identifiable and prosecuted if unacceptable content is posted.

We concluded that the benefits outweigh the downsides but that increased monitoring of what youngsters are engaging in needs to be provided by parents, schools and service providers etc. The area of social media has exploded rapidly and technology to safeguard the young has not kept pace.

2019s topics have been chosen, although we may be overtaken by events in the first few months! There's a vacancy for a permanent member of the group. Also guests can be accommodated at some meetings so do contact me if you would like to come along.

01455 208190 or dot.barnard@uwclub.net

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Lively Discussion

TOPICS 2019

Feb 11th – An election in 2019 – who do you think would win and who do you think would lead the Conservative Party?

March 11th – Should there be a second referendum of any type?

April 8th – After Brexit – what happens now?

May 13th – What should be done about Universal credit?

Jun 10th – Climate change – we're on the edge

Jul 8th – Do we know what we eat?

Aug 12th – King Charles III – how will he differ from his mother?

Sept 9th – Should we reintroduce National Service?

Oct 14th – Privacy – do we have any left?

Nov 11th – What is art?

Dec 19th – Xmas Meeting

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PHOTOGRAPHY GROUP

Co-ordinator: Michael Bates

tele: 07899937595

January 2019 Meetings

To get 2019 off to a good start we had two meetings in a single week. The first meeting, on Tuesday the 22nd January was dedicated to photo editing, this was felt to be of limited interest, but as it turned out, 14 members arrived, most with their laptops, for a hands on editing session. We demonstrated and practiced how to isolate and move individuals within a group photo and place the group onto a different background. We used selection, layer and masking tools and demonstrated how to re-size an object for scale. With only two hours it was difficult to get everyone totally familiar with these tools but it gave everyone some encouragement to try things out for themselves at home. We plan to have another session later in the year.

If any members of the U3A, not just within the photography group, would like some tuition on basic photo editing we would be prepared to run one or two extra sessions, depending on demand. If you are interested contact Michael Bates via the e-mail address below.

At our monthly meeting on Friday the 25th January we enjoyed a 'Picture Memories Slot' with Alan Coltman, who showed us some fine pictures of steam engines, which has been his passion since he was a boy. We continued the meeting with a presentation on photographing people in groups and as individuals. With just a few simple thoughts on position and lighting even our quick family pictures can become something a little special. Similarly we had a few tips on dealing with groups and with the firm advice of, 'don't offer to do any formal wedding pictures, leave it to the professionals'.

We finished with our pictures of the month which for January was “Still Life”. We think of still life in the formal way depicted by artists, but for us, if the subject does not move it is still life. The subjects were varied and we recommend you look at the pictures on the U3A website under galleries. All the pictures were innovative but particularly look for the Brandy Glass/Lantern combination, the OXO Tower and the Liquorice Allsorts Clock.

Next Meeting – 10am on Friday 22nd February 2019 - Gilmorton Village Hall

At the February meeting we will have our first speaker of the year, Graham Heywood. Graham is an experienced photographer and not only does he have an impressive personal portfolio but has also judged many competitions and given inspirational talks to other clubs. Graham will show and talk about his work and provide us with some tips and advice regarding submissions for our own prints competition later this year.

The photographic theme for February is just “February”. Maybe not the most photogenic month of the year, but with Chinese New Year celebrations (this is the year of the pig), St. Valentine’s Day or just some typical winter weather there will be something for our hardy members to photograph.

We are always happy to welcome U3A members to our meetings, even if you cannot attend on a regular basis, or are just curious about what we do. There is a small contribution made by those attending to cover the cost of venue hire and refreshments.

For more information regarding the photography group contact us at wlu3acamera@outlook.com.

Michael Bates

POETRY GROUP

Co-ordinator: Sylvia Hitchen

tele: 0116 247 8353

email: Sylvia.hitchen@btinternet.com

Poetry Notes January 2019

January's topic was "Childhood and Adolescence", and, as is usual, there was a mixture of comic and dark, modern and old poems.

My picks are:

Adrian Mitchell "A Puppy called Puberty". So funny, and so true.

Pam Ayres "Please take your Children Home before I do them in" . Very funny, and easy to guess the theme on this one.

Spike Milligan "Lyric". This is not a Milligan melancholy or funny poem, this just conjures up a superbly vivid snapshot of early childhood, the feeling of a long summer's day.

Charles Causley "Timothy Winters". A very lyrical, readable poem about a schoolboy from a deprived background.

Philip Larkin "The School in August" This depicts an empty school full of dust and absence.

Roger McGough "Snowing Down South". A sharp funny poem about young boys pretending not to look at young girls.

Judith Viorst “I’m Too Young to be Seventy”. I expect many of us can empathise.

February’s topic is “Colours”, then March is an open session and April’s topic is “Botany”

Sylvia

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SNAIL'S PACE WALKING GROUP

Co-ordinator: Mandy Cutler

tele: 01455 251809

email: mandycutler@sky.com

U3A - Snail's Pace Walking Group



January Walk

On the icy cold morning of January 18th, 17 of us braved the elements, meeting in Town Hall Square, Leicester, to start a Blue Badge guided walk about the local suffragette movement.

Amongst his information packed talk, Steve Bruce revealed that:

- Alice Hawkins left school at 13 to work as a show machinist at Equity Shoes, Western Road; a Blue Plaque has been erected in her honour.

Alice went to prison five times, including once for a disturbance when Winston Churchill held a Liberal meeting at the Palace Theatre.



The Palace Theatre in Belgrave Gate demolished in 1959



The WSPU Shop, 14 Bowling Green Street

- 14 Bowling Green Street was the site of the former WSPU Shop, which opened in 1910 to sell pamphlets, postcards, badges and other 'Votes for Women' goods. The shop was a refuge for many on the night of the 1911 census.
- Lilian Lenton, aka the Leicester Pimpnel because she was so good at escaping from the police, became a fire-starting fugitive and was involved in the fire caused by suffragettes at Blaby Railway Station in 1914.

We ended our walk at the statue of Alice Hawkins in Leicester Market, a place where she delivered many of her speeches.

The 'Alice Hawkins and Votes for Women' exhibition at New Walk Museum continues until the 24th February. Look out for the board game called 'Pank-a-Squith'!

Many thanks to Dot Barnard for organising this walk.

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February Walk – Friday 15th February

Gated Road between Sutton Cheney and Market Bosworth

This walk will be along the gated road between Sutton Cheney and Market Bosworth.

Please arrive at about 10.45 am at the Hercules Revived country inn on Main Street, Sutton Cheney, Hinckley CV13 0AG. This will give you time to pre-order your lunch. For the menu, please use the link on the following page:

<http://www.herculesrevived.co.uk/contact>



We will start walking at 11.00 am along the gated road heading for Market Bosworth. The walk, all hard standing and flat, will take approx. 45-60 minutes one way, depending upon how fast people walk.

There will be a brief slot of time if you need a comfort break before we complete the return walk back to Sutton Cheney. I estimate having lunch at about 1.00 pm but intend phoning staff at the Hercules when we are getting close to Sutton Cheney.

If you coordinate car journeys, it would be possible to walk just the return route from Market Bosworth to Sutton Cheney.

I need to know who intends coming on the walk and, also, numbers for lunch at the Hercules. So, please email at the following address by **Monday 11th February. Thank you, Mandy.**

mandycutler@sky.com

CALENDAR OF SNAIL'S PACE WALKS -2019

DATE	WALK	WALK LEADER
18 th January	Suffragette Walk, Leicester City Centre	Dot Barnard
15 th February	Gated Road walk between Sutton Cheney and Market Bosworth	Mandy Cutler
15 th March	Clifton upon Dunsmore	Sheila Eggleton
12 th April	Rothley	Nadene Baugh & Sue Dilks (reserve Viv Weller, Clipston}
17 th May	Croft Hill	Jenny Croft
21 st June	Great Oxendon	Sue Hayward & Celia Smith
19 th July	Welford	Fran Knott
16 th August	Wistow	Daryl Graham
20 th September	Catthorpe	Mary Oldham
18 th October	Burton Overy	Anne Dean
15 th November	To be decided	Val Ridley & Ursula Kanetis

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TRIPS

Co-ordinator: George Robertson

tele: 01455 559725

email:george9high@hotmail.com

TRIP TO OXFORD TO INCLUDE A GUIDED WALKING TOUR

Date of visit 10th May 2019

A trip to Oxford is being planned on the above date. The trip will first stop at the Pear Tree Services on the outskirts of Oxford where we can have a coffee stop and will pick up our City Guides. We will have an introductory talk on the way into the city followed by a 90 minute **Walking Tour**. I am hoping to include a college tour in the itinerary but many colleges do not offer tours in the morning. We will then have free time to explore before boarding the coach for the return trip. The journey time is approx. 90 minutes traffic permitting.

This trip will be on offer to sign up for with all the timing information at the February meeting. I'm expecting the cost to be around £19.00 per person.

George Robertson

1st WEDNESDAY WALKING GROUP

Co-ordinators : Peter & Irene Moore

tele:- 01455 552594

email:- peter79moore@gmail.com

Date of Walk :- 6th March 2019

Walk Organisers :- Peter & Irene Moore. Tel :- 01455 552594 :- email:- peter79moore@gmail.com

Driving distance:- 11 miles each way.

Meeting Point and Time : Lutterworth Recreation Ground car park at 9.20am to leave at 9.30am.

Start Point: The Shilton Arms Pub, Church Road, Shilton ,Nr. Coventry. CV7 9HX . Leave 10.00am. Toilets available.

Directions to Start :- At Magna Park A5 island, take 3rd Exit & on into Wolvey. Continue on towards Coventry on B4065 (the old A46). The Shilton Arms in centre of village just past the traffic lights.

Please be careful as entrance to pub is a sharp left turn.

Car park at rear. Please park at the far end.

Order lunch before starting walk.

Route and Distance :- Starting from Car Park ,heading towards Wolvey and skirting Withybrook, then onto Hopsford and return via canal and Anstey village. Mostly on footpaths and farm tracks. There is a short stretch of quiet road walking to join it all together. 5.35 miles in total. Only 2 stiles.

Good choice of food , from £4.95, on the extensive lunch menu.

Gluton Free Food available.

Nice pub and excellent food . The choice of Desserts are very varied and not expensive. What could be better? Enjoy!

Summary : A good winter walk. Mostly on firm ground.
Interesting walk, Great pub & excellent food, only needs your support.
Hoping for snow drops.

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Next Walk: Wednesday 3rd April 2019. The Daffodil Show at Newnham Paddocks. From the Sarah Mansfield Pub, Willey. A 5.4 Mile walk with a good display of daffodils (weather permitting)

NB. The pub at Willey is offering to cook for us *Proper Pies* but it will need to be pre-ordered

Choice of Steak and Ale or Steak and Stilton. Please let me know if you wish to order one.

Peter and Irene Moore

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2nd WEDNESDAY WALKING GROUP

Co-ordinator: Mike Chapman 01455 209972

Last minute update(until 8:45am on the day) see www.wycliffelutterworthu3a.org/walking or follow the link in “Stop Press”.

Walk Organisers: Gill & Roger Watmore 01455 552431

Date of Walk: Wednesday 13th March 2019

Meeting Point: Coventry Road Recreation Ground at 9.20 to leave at 9.30.

Start Point and Time: Park near the Old Smithy Pub, Church Lawford (CV239EF).

Directions to Start: From Lutterworth take A426 to Rugby. After going under the Railway bridge turn right at the roundabout B4112, left at the next roundabout A4071 (A428). At the traffic lights turn right on to the A428. Turn right into Church Lawford and park near the Old Smithy Pub, (CV239EF).

Route and Distance: This is a circular walk of approx. 4¼ miles on foot paths to Little Lawford & Long Lawford crossing the river Avon twice with 5 stiles.

January walk

24 people and 2 dogs met at the edge of Binley Woods on a crisp but sunny winter's day for the easy 5 mile walk with no stiles. Although the wind was chilly, most of the walk was sheltered by the trees lining the bridle paths. Through the woods towards Brinklow, then sharp right to Bretford, where we stopped at the playing fields for coffee, before returning to the cars. A good first walk of the year which removed a few of the calories added over the holiday.

2019 Walks

I have a couple of dates still available. If you would like to lead a walk, please let me know. Available dates can be found at www.wycliffelutterworthu3a.org/walking. It doesn't have to include a pub, but should you wish to take advantage of the free parking, (many walkers eat somewhere after the walk), the landlord stands to gain. If you need any help in organising a walk, I'm happy to provide any assistance/advice.

Mike.

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4th WEDNESDAY WALKING GROUP

Co-ordinators: Sue & Peter Creeden 01455 557888

27 February 2019

Walk Organisers: Roger & Gill Watmore Tel: 01455 552431

Meeting Point and Time:- Lutterworth Recreation Ground car park at 9.20 am to leave at 9.25am.

Start Point and Time: Dog & Gun Pub Main Street Kilby (Postcode LE183TD). Walk starts at 10.00 am.

Directions to the Starting Point: Leave Lutterworth on the Gilmorton Road and go through Kimcote and Walton and turn right at the 'T' junction, SP Shearsby & Arnesby. Turn left at the A5199 SP Leicester. After approx. 3 miles turn right, SP Kilby, the Dog & Gun Pub is on the right in the village.

Route and Distance:- A 5 mile walk to Wistow & Newton Harcourt on paths & canal towpath.

Lunch Arrangements:- Meals to be chosen before the walk

Peter Creeden

January 2019 Walk Report

A very cold morning did not deter 20 hardy souls from tuning up at the Shilton Arms. They were rewarded with a bright sunny day and with a fairly brisk start we soon managed to get the blood circulation going and shake off the shivers. The walk took us along the edge of Ansty golf course and then across it to reach the Oxford Canal. There was quite a long stretch along the canal passing Ansty and then under the M69 to eventually reach Carters Bridge where we stopped for a break. We then made our way to Sowe Common to find a footpath that went behind some allotments and then to reach open fields. Walking along the edge of several of them we reached Barnacle. After passing through the village we headed back towards Shilton on a mixture of lanes, fields and tracks. No red or yellow cards were issued so it must have been an OK walk. Most stayed afterwards to enjoy lunch at the pub.

Peter Creeden

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Committee April 2018– March 2019

Office	Name	Contact
Chairman	Nigel Burt	01455 554498
Vice Chairman	Tony Allen	01455 552087
Treasurer	Jan Newman	01455 209179
Membership Secretary	Sue Creeden	01455 557888
Interest Group Co-ordinator	Viv Weller	01455 557136
Speaker Liaison	Mike Perry	01455 556724
Bulletin	Trudy Haddon	01455 552905
Committee Member	Andy Hetherington	01455 203498
Committee Member	Ann Hetherington	01455 203498

You can join the Wycliffe Lutterworth U3A at one of the monthly meetings or you can apply online at www.wycliffelutterworthu3a.org

Contributions for the website should be sent to Mike Chapman
email: wlu3acmte@gmail.com

Articles, Reports, News items etc. for inclusion in the next bulletin should be sent to the editor: e-mail trudyhaddon.rylands@gmail.com

Deadline for inclusion in the next bulletin: on the last day of the month.

Interest Group Dates and Times can be found on the website under '[summary](#)'

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