

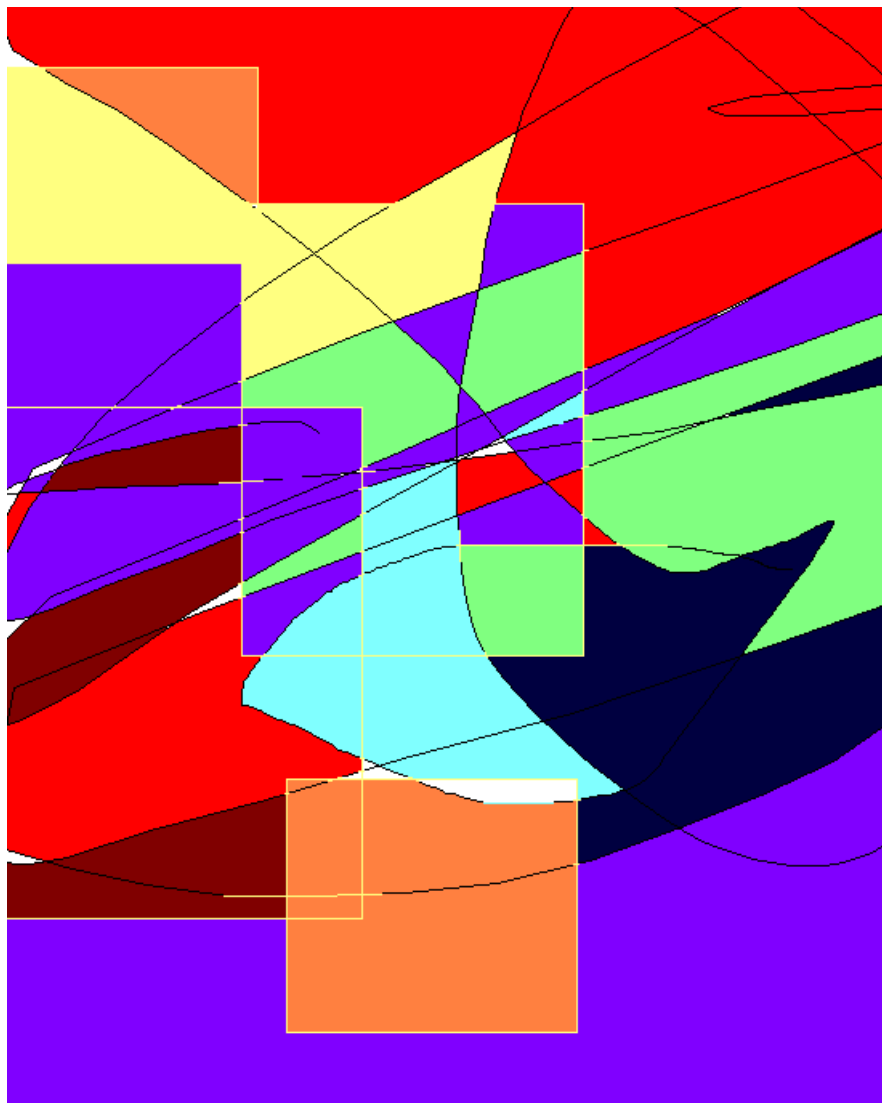


THE UNIVERSITY OF THE THIRD AGE

WYCLIFFE LUTTERWORTH

OCTOBER 2020

Bulletin No. 156



Picture by Eliana

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GENTLE CYCLING GROUP

Co-ordinator: Sue Creeden

Tel: 01455 557888

At the beginning of September, we enjoyed our ride which was postponed due to bad weather in mid-August. Eight members met in Gilmorton and split into two groups for an outing that took us to Kimcote, round Gurney Lane to Walton and across to Upper Bruntingthorpe. We then cycled through Bruntingthorpe and turned right up to Arnesby for our coffee break in the garden of the Baptist Church. When the first group arrived, Val, the Pastor's wife, mentioned she had a cake in the oven and hoped it would be ready for us to enjoy. By the time the trailing four arrived, sure enough out came scrumptious warm cake, delicious! Fully refreshed we pedalled down the gated road to Peatling Magna and then up hill and down dale through Peatling Parva and back to Gilmorton. A very pleasant 14-mile ride.

We welcomed a new member for our official September ride. Again, eight members gathered, this time at the Elms in Lutterworth. Setting off, again in two groups, our route took us over the motorway, down the lane to Misterton and on along the footpath to Walcote. We crossed over the A4304 and headed along the lane to Swinford Corner where turned left into Swinford. From here the groups pedalled on to Stanford on Avon and, as we turned left again to South Kilworth, we all came to realise the second half of our journey was much more strenuous than the first! On this road we passed the stone monument in memory of Percy Pilcher, an inventor and aviator who died after a crash in his self-built glider. From South Kilworth we headed to Walcote and retraced our wheels back to the Elms for a much-needed coffee. The lanes were quiet and the sun shone, we all enjoyed a delightful morning out.

We are hoping to slot in another 'extra' ride on 30th September but our next monthly outing will be on **Wednesday 21st October at 10.00 a.m.** Everyone is welcome to join us, rides are of approximately 12 - 14 miles and are leisurely. For details, please email (sueandpeter.creeden@talktalk.net) or phone Sue (number above).

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2nd WEDNESDAY WALKING GROUP

Co-ordinators: Lesley & Mike Chapman

Tel: 01455 209972

Walk 1: 14 OCTOBER 2020

Walk Organisers: Sue and Peter Creeden Tel: 01455 557888

In case of changes to Covid-19 rules and recommendations prior to the walk, please email sueandpeter.creeden@talktalk.net if you intend to join this walk. We will then be able to inform you if circumstances change.

Walk Suitability: Please review the walk description and consider if it is suitable for you.

Meeting & Start Point, Start Time: Recreation ground car park. Walk sets off at 10.00am. There are no toilet facilities

Directions to Start: The recreation ground car park is 0.25 miles on the right as you come out of Lutterworth town centre on the Coventry Road.

Route and Distance: This is an easy walk with four easy inclines. We head off to Waterworks Lane and onto Bitteswell Road. At Brookfield Way we take the footpath across the fields (possible mud) to Bitteswell to emerge at Valley Lane. We pass the Old Royal Oak and Man Arms (alas we will not be stopping at these watering holes) and then a short section of road, **where care is needed**, to reach Woodby Lane. Reaching Magna Park we turn down a well made-up drive to reach a footpath which crosses a field. It can be a bit muddy if it has been wet. We will have a break here. There are no seats but there are hedges! We do a circuit of the next field on permissive paths to reach the deserted site of Blakenhall Farm. We then take the track down to the Country Park. We have to cross a stream, which at the moment is a simple leap, but the builders are having fun changing the crossing arrangements. In the Country Park we take the paths (possible mud) to come up by the pond. This, I would say is the steepest of the inclines. The return to the recreation ground is first along Brookfield Way and then through the housing estates, with more incline, to reach the recreation ground and back to the car park. The distance is 4.6 miles with three stiles.

IMPORTANT COVID-19 NOTE

Please can you

- **Review your personal health and circumstances referring to current Government guidance and decide if it is safe for you to walk**
- **Consider the health risk category of anyone else in your household**
- **Avoid touching gates and path furniture wherever possible**
- **Bring hand sanitizer and possibly gloves**
- **Bring a face mask just in case of an unexpected incident**
- **Remember to maintain social distancing at all times**
- **Not share food or walking equipment with walkers not in your household**

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Walk 2: 11 NOVEMBER 2020

Walk Organiser: Vicki Davis 01455 209518.

In case of changes to Covid-19 rules and recommendations prior to the walk, please email millway1@btinternet.com if you intend to join this walk. We will then be able to inform you if circumstances change.

We will follow current COVID rules as appropriate on the date but feel free to phone Vicki if any further information is required. This is a walk done previously and will be easy to follow if we need to split into groups.

Meeting Start Point, Start Time: Main Street, Thurlaston, Warwickshire, CV23 9JS. 10:00am.

Directions to Start: Leave Lutterworth on A426 to Rugby and follow this road (A426)

through Rugby towards Southampton. Upon reaching Dunchurch turn right at the traffic lights and travel towards Coventry. After 2 miles take turning to the left - easy to miss and if you reach the roundabout you have gone too far - to Thurlaston. Roadside parking in the middle of village near bus shelter. Return mileage 26 mls

Route and Distance: This is a varied walk using quiet roads and field paths incorporating 2 villages, 2 nature reserves and a disused railway. The return is via Draycote Reservoir so sorry, **no dogs**. Approx 5 miles. No styles.

Please can you

- **Review your personal health and circumstances referring to current Government guidance and decide if it is safe for you to walk**
- **Consider the health risk category of anyone else in your household**
- **Avoid touching gates and path furniture wherever possible**
- **Bring hand sanitizer and possibly gloves**
- **Bring a face mask just in case of an unexpected incident**
- **Remember to maintain social distancing at all times**
- **Not share food or walking equipment with walkers not in your household**

4th WEDNESDAY WALKING GROUP

Co-ordinators: Sue & Peter Creeden

Tel: 01455 557888

Wednesday 28 October 2020

Walk Organisers:- Sue and Peter Creeden Tel: 01455 557888

In case of changes to Covid-19 rules and recommendations prior to the walk, please email sueandpeter.creeden@talktalk.net if you intend to join this walk. We will then be able to inform you of the final arrangements.

Walk Suitability: Please review the walk description and consider if it is suitable for you.

Meeting & Start Point, Start Time: Meeting point details to be advised. The start point is The Green in North Kilworth. Parking will be in the surrounding roads. Depart at 10:00am

Directions to the Start:- Take the Market Harborough Road to North Kilworth (A4304). As you pass through the village and the petrol station there is a small road on the right (Main Street) which comes out on The Green.

Route and Distance:- The walk sets off down High Street and then along the A4304 to the North Kilworth Marine where we join the canal towpath (early stages can be muddy). At Bridge No 40 we leave the towpath and join the dismantled railway line (mostly OK but some mud possible) to the South Kilworth/Welford Road. We then walk along that road passing Stanford Reservoir. For approximately 0.5 mile there is no footpath **so care will be needed until we do reach the footpath**. This will be the first significant incline of the walk. As we approach the village we will take Dog Lane and then aim for the church. We will stop around there for a break (distance at this point 3.7 miles). There are some seats. Refreshed we will walk through the

churchyard and the back alleys to emerge on North Road. After a few hundred yards we will reach The Belt. This is a driveway that eventually becomes a footpath (that can be muddy) before reaching a good footpath that crosses Kilworth Spring Golf Course. There is then a field to be crossed that can be muddy in places. We then start the second significant climb first along a narrow track (more mud possible) before joining a wide lane that eventually reaches the church at South Kilworth. Walking through the churchyard we take the roads back, with a final short incline, back to The Green. Distance: 5.7 miles. Stiles: 1. Total ascent: 284ft.

Lunch Arrangements:- There are none, but for your information the White Lion is the nearest pub (Tel: 01858 882112) and according to the website they do lunches on a Wednesday lunchtime but I suggest you check with them before.

IMPORTANT COVID-19 NOTE

Please can you:

Review your personal health and circumstances referring to current Government guidance and decide if it is safe for you to walk

Consider the health risk category of anyone else in your household

Avoid touching gates and path furniture wherever possible

Bring hand sanitizer and possibly gloves

Bring a face mask just in case of an unexpected incident

Remember to maintain social distancing at all times

Not share food or walking equipment with walkers not in your household

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September Walk Report

Mike and Lesley Chapman organised this walk so that although there were 17 walkers, it complied with the Covid 19 restrictions. The newsletter/bulletin notice detailed the Covid 19 code, we were divided into three groups with Mike, Lesley and Stephen Carter leading the groups, the groups met at slightly different locations, the groups kept a 2 minute gap between them, each group created a register with contact details of each walker and the group leader reminded the walkers to socially distance throughout the walk and not to “mingle” with members of the other groups.

We set off from Ashby Magna for Leire in rather damp conditions. There was no sun as had been the case on previous days earlier in the week. We first walked through one of the resident`s garden (there is always a feeling of being naughty about doing this) and then across a series of testing stiles which were even more difficult than usual because of the damp conditions. We crossed one field that warned of a bull but, fortunately, he was nowhere to be seen, just sheep. Reaching the road into Leire we walked along it a short way before heading along a footpath in the Stemborough Mill direction. After a socially distanced break we headed off to Dunton Basset and Bennet`s Hill. We climbed The Mount and then set off up Dunton Mill Lane. It was at this stage that we made a bad mistake, it had started to rain, but we opted to carry on with the planned route and not take the short-cut option. Well, from then on it got wetter and wetter and by the time we arrived back at Ashby Magna we were looking a bit like drowned rats.

Thank you to Mike, Lesley and Stephen for leading the walk which, despite the rain, we enjoyed.

Peter Creeden

GARDEN GROUP

Co-ordinator: Sue Creeden

Tel: 01455 557888

I hope you have all been keeping well and are coping with the limitations that appear to be continuing with no end in sight.

It is deeply disappointing that as a group, we have not been able to visit any gardens this summer and, with the 'rule of six' restrictions, I am concerned about the feasibility of holding our winter talks, we shall have to see. On the bright side I have found my own garden very therapeutic, not only seeing the flowers come into bloom but also listening to the birds and watching the insect life. Also, I'm really pleased to hear some of you have been visiting gardens on your own. Mary has given me details of one that must definitely go on our list for next year. If you have found a particularly beautiful or interesting garden, please do let me know.

I hope you managed to catch the last month's first on-line presentation about Lady Jane Grey and John Dudley. Following on from the success of that, I am hoping to arrange a similar Garden Group session. This will be on our usual 4th Tuesday date, i.e. **Tuesday 27th October at 2.30 p.m.** I have found a topic entitled 'Cascades Gardens: From Jungle to Paradise' by Alan Clements about his creation of a garden in Bonsall, Derbyshire, which lasts just under an hour. The talk is presented as an automated webinar and will **NOT** be interactive with presenter. As we have a small reserve, we should be able to hold this first one free of charge.

If you would like to participate, please let me know (by email -sueandpeter.creeden@talktalk.net or phone number above) and I will forward to you the registration instructions.

FRENCH CONVERSATION

Co-ordinator: Sue Hicks

Tel: 01858 880273

(5 month gap due to Covid-19)

27 August 2020

We had an experimental Zoom meeting (my first attempt), which many of us managed to attend. This was just a general catchup, and we were pleased to meet again.

24 September 2020

We had another Zoom meeting, which included a France-based quiz. The next attempt will be at 10.00am on Thursday, 22 October.

Sue

MOTOR CYCLE INTEREST GROUP

Co-ordinator: Colin Beadle

Tel: 01455 558013

paula_colin@btinternet.com

September 2020

Our proposed outing to “Caffine and Machine” in Ettington Warwickshire unfortunately had to be shelved due to revised restrictions relating to COVID. Never mind there is always next year!!

Four of us did manage a reasonably local ride (around 70 miles) planned to avoid notified COVID hot spots. The destination was White Mills Marina at Earls Barton where there is a delightful café. Although we have visited this location before we managed to find interesting alternative routes through the back roads and lanes of Northamptonshire.

A well laid out external seating area at the Marina provided a safe environment to enjoy a “bikers meal deal”. I think the term “bikers” is primarily aimed at the Marina’s lycra clad clientele - however we were duly welcomed.

Sitting in the late summer sunshine with good company and good food proved very enjoyable.

We have no plans as yet for our October outing, COVID and weather to be considered.

Colin Beadle

Mob – 07505 997767

colin27beadle@gmail.com

1st WEDNESDAY WALKING GROUP

Date of Walk :- Wednesday 4th November 2020 The *Three Mills Walk*

Co-ordinator:- Peter Moore. Tel:- 01455 552594

email:- peter79moore@googlemail.com

Walk Organisers :- Peter and Irene Moore. Tel:- 01455 552594

Driving Distance:- 7 miles each way.

Meeting Point and Time : Lutterworth Recreation Ground car park at 9.20am to leave at 9.30am.

As this write-up has to be into the Newsletter compiler, 2 months before the walk, please contact me in case the latest covid regulations, that may impact on the walk.

Please let me know if you intend to walk, as we need to sort out the Covid groups of 6 Maximum. Start Point and Time . Red Admiral pub, Broughton Astley. LE9 6PU. Dunton Bassett end.

Start 10.00am.

Order food before walk from Full Menu. It is important that all diners register on *Track and Trace* at the bar. The lunch deal is excellent as the whole of the Full Menu is available at just £15.00p per two. Including Specials and Steaks etc. Irene and I have had the benefit of a couple of trial runs. Scrumptious.

Directions to start:- Take A426 towards Blaby, turn left at Dunton Bassett cross roads, with traffic lights.

The pub is on the edge of the village after the old Charlie Browns garden centre on the right.

Please all meet in the Garden at the rear, Face Masks must be worn by all, eating or not.

Walk Description:- Leaving the pub cross Zebra crossing and continue up Speedwell Drive, keep to the left and take the footpath past the quarry and take the gate and bear left, take footpath onto Dunton Bassett. On towards the sand workings and continue towards Leire. Turn left and right and return to the pub via Stemborough Mill and Clump Hill.

This is a really good walk discovered during the lockdown. A great walk highly recommended.

Distance 5.25 miles. Only approx 5 stiles.

Next Walk. Wednesday 2nd December 2020. From Claybrooke Magna, another lovely walk created during the lockdown. Great Lunch to follow.

Walk Report. Wednesday 4th September 2020

Back to normal numbers, *thank goodness* We all enjoyed wonderful weather and an interesting ramble through Brinklow Pastures to return for a wonderful and welcome Lunch at the Queens Head, Bretford. 17 walkers 15 stayed for lunch.

Regards Irene and Peter Moore.

Thanks for your support.

ENGINEERING, SCIENCE AND TECHNOLOGY

Co-ordinator: Chris Ridley

Tele: 01455 209920



The ESTG Newsletter is available for all to read,

here is the link:-

<https://www.wycliffelutterworthu3a.org/interest-groups.html>

History G4 answers (in red) to last month's quiz

THE AGONY OF FASHION!

All these questions are about clothing worn at different times in History

- 1) What was 'SWADDLING'?
Stuffing inside a pillow. **b) Wrapping for a baby.** c) Strips of cloth to protect the lower legs.

- 2) In Ancient Greece, many women wore a FASCIA. (This is sometimes seen on classical statues). What is the modern equivalent of this?
An under-dress or chemise. **b) A hairband.** **c) A bra.**

- 3) In the Roman Empire, male citizens wore a toga. How long was the piece of fabric to make one?
a) Twice the man's height. **b) Three times the man's height.** c) Four times the man's height.

- 4) In the Roman Empire, who was allowed to wear purple?
a) Only the Emperor. b) Only the Emperor and the Senators. c) Only the Emperor and women of patrician birth.

- 5) In Roman times, what was a FIBULA?
a) A pleat in fabric to make a garment fit. b) A walking cane. **c) A fastening pin.**

- 6) Around 1000AD, LACING became very popular. This endured for many years. What was the purpose of it in fashion?
a) To shape a woman's robe to create a fitted, waisted dress. b) To hold up long stockings. c) To tie a fur hat on.

- 7) What did women use to accentuate their hips in the 12thC?
a) Fox tails sewn into a dress. b) Shaped skirts to create a 'wiggle' when they walked. c) Feather bolsters as underskirts.

- 8) In the Middle Ages, what did men use POINTS for?
- a) A carved stick for university scholars to turn pages over in books. b) To make a jagged hem on a courtly doublet. **c) To tie their hose to their tunic.**
- 9) In which century were buttons and button holes were first used to close up garments tightly?
- a) 11thC b) 12thC **c) 13thC**
- 10) In around 1450, men started to wear a CODPIECE. Why was this essential covering needed then? (This continued for about the next 100 years).
- a) The Wars of the Roses meant that young men needed more protection then.
- b) The fashion for young men's tunics or doublets changed and they began to be cut very short.**
- c) To protect against the unusually cold weather in that period.
- 11) The 16thC saw a fashion for SLASHING. Where were you most likely to see it?
- a) On a pair of hose. b) On a skirt. **c) On a sleeve.**
- 12) What was a tonsure?
- a) A type of riding boot. b) A glove worn for hawking. **c) Shaven section of the head worn by a priest or monk**
- 13) Sometimes, in the 16thC, well off men wore a hat with an OUCHE. What was that?
- a) A decorative brooch. **b) A feather or plume.** c) A curved shaped brim.
- 14) On what type of garment would you see a PEASECOD-BELLY in the 17thC?
- a) On armour.** b) On a hat. c) On the edges of a ruff
- 15) Where would 16thC women wear her farthingale?
- a) On her head. **b) Under her skirt.** c) Round her ankles
- 16) Who would commonly wear a STEEPLE HAT in the 17thC?
- a) A Puritan.** b) A Priest. c) A Nobleman.

- 17) In the 18thC some very fashionable men sometimes had to buy?
- a) A false goatee beard. **b) A pair of false padded calves.** c) A pair of clear glass spectacles.
- 18) Which fashionable King first created a long-lasting fashion for PERIWIGS in England?
- a) Henry VIII. **b) Charles II.** c) George III.
- 19) What was a FICHU in the 18thC?
- a) A hooped underskirt. b) A lace bonnet. **c) A small triangular shaped lace shawl.**
- 20) The Empire line dresses of Jane Austen's heroines and all fashionable ladies at the start of the 19thC were made possible by the availability of a new, affordable, lightweight fabric. What?
- a) Silk. **b) Muslin.** c) Taffeta.
- 21) To prevent expensive shoes from being spoiled by mud, before pavements became common, people wore raised wooden overshoes called
- a) Pattens.** b) Clogs. c) Platforms.
- 22) In the 19thC many men wore a STOVEPIPE. What was it?
- a) Slim cut long trousers. b) A style of sleeve on a hunting jacket. **c) A tall straight sided hat.**
- 23) What male garment was the mainstay of the Leicestershire framework knitters, until fashions changed around the 1840s?
- a) Waistcoats. **b) Stockings.** c) Neckerchiefs.
- 24) In 1824, the first Mackintosh made of a new waterproof fabric went on sale. It revolutionised the lives of everyone living in wet climates. What was the composition of the fabric?
- a) Cotton bonded with rubber.** b) Wool bonded with rubber. c) Linen bonded with rubber.
- 25) What did Symington's of Market Harborough employ a SWEDISH MAIDEN for?

- a) To model corsets for adverts. **b) To steam the corsets into shape.** c) To stitch decorative lace along the channels of the bones of the corset.
- 26) What new activity became possible for women when Bloomers were invented in the 1850s?
- a) Swimming in the sea. **b) Riding a bicycle** c) Playing Badminton
- 27) A vest like undergarment with rubber buttons, became popular in the late 19th and 20thC for women and girls. What was it?
- a) A Spencer. **b) A Liberty Bodice.** c) A Corset
- 28) In which century did women start to wear knickers?
- a) 18th C. b) 19th C. **c) 20th C**
- 29) STILETTO heels are named after a
- a) An Italian designer. **b) A dagger.** c) An icicle.
- 30) Mary Quant is said to have named her iconic mini skirt after her favourite car. Which one?
- a) Mini Cooper.** b) Mini Minor. c) Mini Clubman

Lastly

Someone had to remind me,
so I'm reminding you, too...

The perks of reaching 50
Or being over 60
And heading towards 70!

- Kidnappers are not very interested in you.
- In a hostage situation, you are likely to be released first.
- No one expects you to run.....anywhere.
- People call at 9pm and ask, "Did I wake you?"
- People no longer view you as a hypochondriac.
- There is nothing left to learn the hard way.
- Things you buy now won't wear out.
- You can eat supper at 4pm
- You can live without sex..... but not your glasses.
- You no longer think of speed limits as a challenge.
- You quit trying to hold your stomach in no matter who walks into the room.
- You sing along with elevator music.
- Your eyesight won't get much worse.
- Your investment in health insurance is finally beginning to pay off.
- Your joints are more accurate meteorologists than national weather service.
- Your secrets are safe with friends because they can't remember them either.
- Your supply of brain cells is finally down to a manageable size.
- You can't remember who sent you this list.
- And you notice these are all in big print for your convenience.

One More Thing.....

Never.... under any circumstances.....take a sleeping pill and a laxative on the same night.